

A recent publication by the Department of Work and Pensions states;

“Volunteering helps other people and can also help you in many ways. It can give you a better chance of getting paid work.”

Volunteering helps you to;

Learn new skills

Develop more confidence

Pick up good ideas from other people

Meet people who could help you find paid work



How can I volunteer?

Make an appointment with us to come in for an informal and confidential chat to discuss the range of ways that you could volunteer. This will enable you to find out all you need to know about the organisations in your area needing help.

To make an appointment, just give us a call on

0121 544 8326

or send us an email at volunteer@volunteercentresandwell.co.uk If you wish, prior to visiting us you can look at the vacancies currently available by visiting the www.do-it.org database of volunteer opportunities.

TEL: 0121 544 8326

EMAIL: volunteer@volunteercentresandwell.co.uk

VISIT: volunteercentresandwell.co.uk



Volunteer Centre
Sandwell

Volunteers — our greatest natural resource



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Sandwell

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Volunteering whilst unemployed



Being unemployed can be an anxious and distressing time.

Volunteering can be a way of using skills, developing new ones and maintaining a pattern of work.