Volunteers — our greatest natural resource

TEL: 0121 544 8326
EMAIL: volunteer@volunteercentresandwell.co.uk
VISIT: volunteercentresandwell.co.uk

“Volunteering helps other people and can also help you in many ways. It can give you a better chance of getting paid work.”

Volunteering helps you to:

Learn new skills
Develop more confidence
Pick up good ideas from other people
Meet people who could help you find paid work

How can I volunteer?

Make an appointment with us to come in for an informal and confidential chat to discuss the range of ways that you could volunteer. This will enable you to find out all you need to know about the organisations in your area needing help.

To make an appointment, just give us a call on 0121 544 8326 or send us an email at volunteer@volunteercentresandwell.co.uk

If you wish, prior to visiting us you can look at the vacancies currently available by visiting the www.do-it.org database of volunteer opportunities.

Volunteering whilst unemployed

Being unemployed can be an anxious and distressing time.

Volunteering can be a way of using skills, developing new ones and maintaining a pattern of work.